

Baby Ballerinas

This class is offered for two age groups: 18 months-2 years old & 3-4 years old. Children partake in a creative movement class, learning basic ballet steps, positions, & vocabulary appealing to their age group.

Basics are explored such as: Follow the leader, interaction with their age group, sharing, & following directions. Class also offers fun & games with props each week! Students will learn pieces for 1 of the 2 recital shows held by the Fever annually.

Rock Your Body Babies

This class is offered for two age groups: 18 months-2 years old & 3-4 years old. Children partake in a fast pace creative movement class, building onto their previous ballet vocabulary & positions. Students receive stretch & tumble time with interaction among dancers their own age. Class also offers fun & games with props/proper tumbling & jumping equipment. Students will learn pieces for 1 of the 2 recital shows held by the Fever annually.

Tiny Tot Tap

This class is offered for 3-4 year olds. Students enter the basic/beginner world of tap vocabulary, basic steps, & tap rhythms. Students also learn basics such as: Follow the leader, interaction with dancers their own age, sharing, and following directions. Class also offers fun & games with props each week! Students will learn pieces for 1 of the 2 recital shows held by the Fever annually.

Tiny Tumble

This class is offered for 3-4 year olds. Students enter the basic/beginner stretching techniques & tumbling exercises. Class uses games & challenges to enhance the student's ability to piece proper techniques with tumbling exercises. This is a loud, fast pace class. Students who have a lot of energy tend to really enjoy this class!

Ballet

Classical form of dance. A strong technical base for all other dance forms. Barre, center floor, & progressions (movements across the floor) are all used in developing ballet technique.

Pointe

For the more advanced ballet dancer. This form of dance enables you to perform fully on the tops of their toes. Also, dancers must obtain approval from our ballet instructor & be enrolled in at least two ballet technique classes per week.

Tap

Style of dance using special shoes to create different rhythms and sounds. Great for developing coordination skills.

Jazz

Fun, upbeat style of dance. The basics stem from ballet combined with current stylish moves and makes this a very popular class. Energetic popular music is used for this class.

Class offered in Level classes, age combo classes, & Adult classes

In The Mix

This class will incorporate improvisational skills, modern, lyrical, & contemporary styles of dance. Each week the style will be different! This class differs from strict technical classes in that its main focus is in choreography and the execution from each individual dancer. Students must be taking at least two ballet classes in order to participate in this class.

ZUMBA

•Zumba is a dance fitness program created by dancer. The program combines Latin and international music with dance in an effort to make exercise fun.

Zumbatomic

Zumba created strictly for your kids! Classes are age divided & geared towards providing a fun, rhythmic workout

Tumble & Acro

Tumbling classes are divided in 3 levels.

•Beginner Tumbling_ covering basic techniques and proper stretching habits. Skills explored are: Forward & Straddle Rolls, Cart-Wheels, Round Offs, Front & Back Limbers, Hand Stands

•Acro I- Continuation of Beginner Tumbling. Skills explored are front & back walk-overs, push away cart wheels, snap back, front and back limbers, basics to back hand-springs

•Acro II- Student must complete Acro I to enroll in this class. Acro II explores Aerial cart-wheels, Front Aerial Cart-wheels, Chest Press Extensions, Front & Back Hand-Springs, Back Lays & Tucks

Classes open for ages 5-18

Hip Hop/Jazz Funk

•Ages 5-7 participate in a Jazz Funk class which will properly introduce Hip Hop style & techniques. Class curriculum includes: Rhythmic exercises, body isolations, choreography combinations, & upbeat across the floor exercises. Students will learn a piece for both winter & spring recitals.

•Ages 8-18 will be divided into Level classes. I, II, III. Age, experience, & ability are factored into where student is best placed.

Fun & energetic freestyle dance form that can be seen on music videos. Relaxed atmosphere & dress code.

Performance Sign Language

The Performance Sign Language class will use true American Sign Language to creatively interpret a variety of music. This class will enhance your child's ability to interpret lyrics using facial expressions, body language, and team work.

Private Lessons are Offered for All Styles of Dance, as well as: Vocal, Tumbling, & Guitar. Please email us for more info regarding privates, instructors, and lesson prices.

CLASS DESCRIPTIONS